

adults Library Events

bedford public library Summer 2025



Tuesday, July 1, August 5, Sept. 2
5 to 6 p.m. | Offsite
 Enjoy delicious coffee and tea while chatting about each month's book. This club meets at *Coffee, Tea, & Books* on first Tuesdays. July's book pick is "The Poet X" by Elizabeth Acevedo. The next book will be chosen at the end of each meeting.



Fridays in June & July
9 a.m. to 12 p.m. | Adults only
 Sip warm drinks, listen to calming music, and unwind while you color in a low-lit space infused with gentle essential oils. No pressure—just relaxation, creativity, and a little well-deserved care. First come, first served.



Thursdays, July 3, August 7
6:15 to 7:30 p.m. | Adults only
 Learn community and partner dance styles for beginners! Dancers will just need to bring comfortable shoes and a willing attitude (no partner needed).
 June 5 - Polkas
 July 3 - Swing
 August 7 - TBD



Monday, June 23 | 6 to 7 p.m.
 Adults, unwind as you paint succulent-themed designs. While you enjoy your artistic escape, your children can participate in a fun, supervised program next door—giving parents a chance to recharge. This program is open to all adults on a first-come, first-served basis—not just those with children.



Wednesday, June 25 | 5 to 6 p.m.
 How does your computer know you were researching toasters? In this demonstration, we'll discuss what kind of information companies track, why they do it, and how to safely browse online and while using apps and your browser. First come, first served. Space is limited.



Monday, July 14 | 6 to 7 p.m.
Adults only
 Bring the color with a tie-dye extravaganza. Bring a cotton t-shirt or other garment, and we'll supply the rest. Let loose, get groovy, and add some vibrant flair to your wardrobe! First come, first served. Supplies and space are limited.



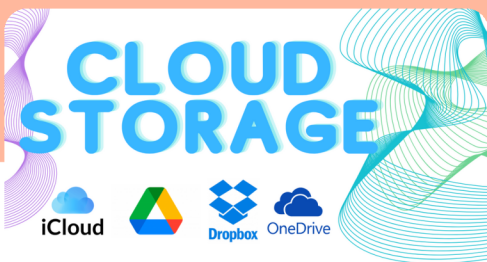
Tuesdays:
May 13, June 10, July 8 at 11 a.m.
May 27, June 24, July 22 at 4 p.m.
 Get assistance with your computer or phone. Guests must bring their own devices and a specific task they wish to learn in 15 minutes or less.



Wednesday, June 18 & 25, July 2 & 9
5:30 to 6:30 p.m.
 Learn how to manage diabetes in this four-part series. Walk through the basics of diabetes, how to make helpful choices, and the basics of medicine. First come, first served.



Thursday, July 17 | 6 to 7 p.m.
Adults only
 Paint impressionistic cheerful little cherry blossom trees with simple tools and layered paint colors. First come, first served while supplies last.



Wednesday, July 23 | 5 to 6 p.m.
This short one-hour demonstration aims to define *cloud storage*, explore its uses, and briefly discuss some of the cloud storage brands. First come, first served. Space is limited. Computers will not be provided, but guests are invited to bring their own devices.



Wednesday, July 23 | 6 to 7 p.m.
Calling all birding novices! Explore the basics of an activity that is continuously growing in popularity. Learn about the tools you need to get started, bird species and their habitats, and North Texas bird migration. First come, first served.



Monday, July 28 | 6 to 7:30 p.m.
Adults and teens, sip, snack, and serve while you discover ways to give back in the HEB community! Meet representatives from local non-profits, learn about their missions, and discover volunteer opportunities that fit your passions. Light refreshments will be served.



Wednesday, July 30 | 6 to 7 p.m.
Explore a variety of North Texas bird species and their habitats with Fort Worth Audubon Society Education Chair, Jim Jones. Learn about technology used to track their movements, local birding hotspots, and which plants will attract birds to your backyard.



**Thursday, July 31
5 or 6:30 p.m. | For adults only**
Registration required
Follow clues and solve puzzles to escape the room! Trapped in a cave with only a single ally, it will take teamwork and cunning to complete the challenge before time runs out.



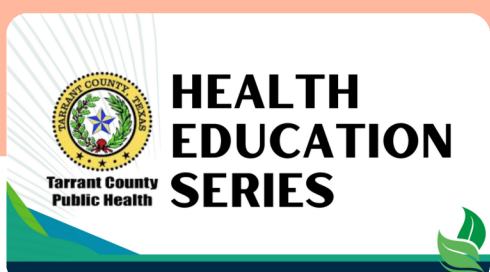
Wednesday, Aug. 6 (\$10 Preview, ages 13+) | 5:30 to 7:30 p.m.
Thursday, Aug. 7 | 10 a.m. to 6 p.m.
Aug. 8 & 9 | 10 a.m. to 4 p.m.
It's time for the Friends' big summer book sale! Shop their bargains on books, DVDs, and puzzles! Cash and credit cards are accepted.



Wednesday, August 6 | 5 to 6 p.m.
In this short demonstration, we'll talk about how to recognize spam, and safely remove it from your inbox so you won't receive more or accidentally give out personal information! First come, first served. Space is limited.



Monday, August 11 | 6 to 7:30 p.m.
Get creative at Turning Point Beer with a paint-by-number activity for adults. Enjoy craft beers while you paint a scenic masterpiece and connect with fellow art lovers. The craft is free, the craft beer is not. First come, first served. 1307 Brown Trail, Bedford, TX 76022



Wednesday, Aug. 13 | 10 - 11 a.m.
Skin Cancer Prevention
Thursday, Aug. 21 | 6 - 7 p.m.
Stress Management
Thursday, Aug. 28 | 6 - 7 p.m.
Talking to Your Healthcare Provider
Wednesday, Sept. 3 | 10 - 11 a.m.
Heart Health Awareness

HOLIDAY HOURS

Memorial Day
May 26
Closed

Independence Day
July 4
Closed

Labor Day
September 4
Closed

MORE EVENTS

See online event calendar for details and even more events.

- *Late Night Book Club: 1st Thursdays at 7 - 8 p.m.
- *Bookworms Book Club: 3rd Thursdays at 12 - 1:30 p.m.
- *BPL Stitchers: 2nd Saturdays & 3rd Tuesdays, 10 a.m. - 12 p.m.
- *Fidget Friends: Sunday, July 13 & Aug. 10 at 2 p.m.
- *Texas Treasures: Bluebonnets: Monday, Aug. 18 at 6 p.m.



www.bedfordlibrary.org

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